



BOY SCOUTS OF AMERICA®
PATRIOTS' PATH COUNCIL

2020 Cub Scout Backyard Challenge



Eat a Fruit or Vegetable

Category: Nutrition & Cooking

Difficulty: Easy

Description:

Down on the farm is where we get our fruits and vegetables - what are your favorites?

Some kids like lots of things like peppers, carrots, oranges or apples. Other kids like corn, bananas or berries.

Do you eat lots of fruits and vegetables? Or do you try and avoid them? Now is your chance to take a chance!

Try a favorite fresh food, or be adventurous and try something new.

Draw a picture or take some photos of your fruits and vegetables and share it with us!

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