



2020 Cub Scout Backyard Challenge



Cool Off (Water game)

Category: Health & Fitness

Difficulty: Easy

Description:

Choose a game from the list below and play it! Make the game and the rules work for your family and the area you have available to play in.

Take a pic of yourself playing one or more of these games and send it in!

If playing any of these games gives you an idea for your own Backyard Water game, make a video and send that in!

WATER THE CROPS RELAY RACE: You'll need 2 sponges, 2 buckets, water, and 2 players (or 2 teams). Have players (or teams) line up in front of a bucket of water with the sponges in it. Mark a line of "crops" from one side of the yard to the other for each player (or team.) The first player takes a wet sponge out of the bucket and squeezes the water out of the sponge all along the line of "crops". If there are enough scouts to have two teams, then take turns doing this. The player then races the sponge back to the bucket and starts over again. Play continues until one team uses all the water in their bucket. This team is the winner!

WATERING THE HORSES RELAY: Equipment: One pitcher for each team, large bucket of water, ladles or large spoons. Place one pitcher for each team at the far end of the yard. Mark a level on the pitchers for the scouts to fill. The scouts divide into two teams, or compete as individuals. Line up at the large bucket of water. Using the ladles or spoons, the scouts dip into the tub of water; walk

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quickly to their team's pitcher, and pour the water into it. The players run back to the next scout in line and hands off the ladle. The game is over when one team fills the pitcher past the pre-determined line.

PASS THE WATER OVER YOUR SHOULDER: Have players evenly divided, about four or five on a team. Give each player the same size paper cup, at least 9 or 10-ounce size. Fill the cup of the first player in each line as full as possible. Have them pour the cup over their shoulder, either one, and the player behind them tries to catch as much water as possible. Continue down the line in the same way. The team with the most water in the last players cup wins. Replay the game, moving the last player up to the front. Play as many rounds as time permits.

MILKING BUCKET BRIGADE RELAY: Divide players into two teams. Give each team two pails, one filled with water and one empty. Place the empty bucket some distance from each team. On signal, the first player in each team carries the full pail to the empty one and pours the water into it, and then returns to the next person in line with the full pail. The next player repeats the same actions, and so on until all have carried the water. This is not a speed contest. The winning team is the one that has the most water in one pail when all the members have finished.

MARBLE PICK UP: Baby pool, marbles, water. Players stand in the pool and try to pick up as many marbles as they can using only their toes.

CUP GAME: Place 10 plastic cups onto a table in a triangle pattern and fill halfway with water. (TIP: the closer the cups are, the harder it is to get the table tennis balls into the cups.) To Play: Each player gets 3 table tennis balls. Player stands at the far end of the table and tries to bounce the ball once on the table and land the ball into a cup. If they are successful they get a point, and get to dump the water on their head, or with the permission of the other person, on the head of someone else playing the game.

