



BALOO Training Equipment List

Please arrive in your Scout Uniform and bring the following equipment. Check the weather forecast, and plan appropriately!

1. BSA Health and Medical Record, Part A and B, including a copy of your medical insurance card.
2. Tent
3. Sleeping bag
4. Sleeping pad or mattress
5. Sturdy shoes
6. Change of clothes
7. Sleeping attire
8. Mess kit
9. Soap, washcloth, towel (private showers are available)
10. Sunglasses
11. Camp chair
12. Notebook, pen, pencil
13. Coat jacket, cap, and gloves (weather permitting)
14. Insect repellent
15. Cub Scout Six Essentials-These are items every Cub Scout should carry with personal gear when going on hikes or campouts):
 - A. **First-aid kit:** adhesive bandages, moleskin, gauze, antibiotic ointment, etc.
 - B. **Water bottle:** filled and large enough to last until it can be filled again.
 - C. **Flashlight:** for emergency use only.
 - D. **Trail food:** can be made as a den activity prior to hike or campout (You will not need to bring food for this training).
 - E. **Sun protection:** sunscreen of SPF 30 or greater and a hat.
 - F. **Whistle:** also for emergency use only.